

PE and Sport At Westgate – April 2015

CURRICULUM

All year groups are timetabled up to two hours PE a week. Only in exceptional situations (e.g. Christmas celebrations) is this not carried out. During the year your child will be taught:

Key Stage 1 and Key Stage 2

- Gymnastics
- Dance
- Ball Skills
- Invasion Games
- Striking and Fielding Games

Key Stage 2

- Net and Wall Games
- Athletic Activities
- Outdoor Activities
- Fitness

Children will be taught swimming (local pool is currently under renovation)

After School Activities

The provision for after school activities 2014-2015

- Term 1-4 Year 5-6 Boys Football with Mr Le-Faye Fridays 3:15-4:15
- Term 1-4 Year 5-6 Girls Football with Mr Goodes Tuesdays 3:15-4:30
- Term 1-2 Year 3-6 Cross Country with Mr Le-Faye Mondays 3:15-4:15
- Term 3-4 Year 3-4 Chess with Mr Le-Faye Mondays 3:15-4:15
- Term 5-6 Year 1-2 Pre School Gymnastics with Teach Sport Tuesdays 8:00-8:40
- Term 5-6 Year 3-4 Taekwondo with Teach Sport Thursdays 3:30-4:30
- Term 5 Year 5-6 Quick Cricket with Mr Goodes (date to be confirmed)
- Term 5-6 Year 5-6 Rounders with Mr Le-Faye Fridays 3:30- 4:30

Note: Teach Sport are a Sports Consultancy company who provide expert coaches for extra-curricular sport

Competitions

In 2014-2015 we are participating in:

- Girls and Boys 7-a-side football tournament at Princes Park in October
- District Cross Country Competition at Knockhall School in October

Boys and Girls District Football League (Term 2-4)
Tri Golf District Competition at Ebbsfleet Academy in March
County Cross Country at Detling in March
National Chess Challenge (Club Champion to represent school in Mega Final)
District Rounders at Brent School in June
Dance Competition at Hextable Primary in June
Quick Cricket at Hesketh Park (date to be confirmed)
District Sports at Central Park in July

Sports Premium

Sports Premium is £150 million worth of funding given by the government to school annually (£80 million from Dept. of Health, £60 million from Dept. of Education and £10 million from Dept. Culture, Media and Sport). This equates to an annual funding of about £8000 to a school such as Westgate. This money is spent to improve PE teaching, raise participation, increase understanding of healthy living and link PE with other curriculum subjects. For more details see **Westgate's Sports Premium**

Other Sports Clubs Around Dartford

We at Westgate encourage children to take part in as much sport as possible. Here is a link to a list of local sporting clubs and associations

<http://www.yell.com/s/sports+clubs+and+associations-dartford.html>

Parents and Carers

We are grateful for all parental support. This includes taking the time to return to school to collect children after clubs, providing healthy packed lunches, encouraging children to take in sport and fitness activities and providing support at events like inter school tournaments or Sports Day.

If you would ever like to help in another other way please contact Mr Le-Faye.