



# ***E-Safety Awareness for Parents and Carers***





# Why are we here?





# Why are we here?



- This clip shows the speed at which the internet is changing the world.
- The sites we saw are becoming overwhelmingly popular for both adults and children.
- The online world is increasingly integrated into our daily lives.
- As little as 10 years ago the internet was not integrated in this way and there would have been no need for a session such as this.



# The online world



- Children are natives in the online world, most are unaware of life without:
  - Iphones
  - Games consoles
  - Google
  - Emails
  - Facebook
- They feel confident using new sites and technologies, moving from site to site with ease.



# Social Media



“ Today, social media are all around us; making it simpler to communicate and make contacts, opening doors to new exciting opportunities for creativity and education.” *CEOP 2011*



# Social Networking



- Social networking has exploded into our lives, with many of us feeling pressure to join in or miss out.
- Examples of social networking include: Facebook, Twitter, Youtube, Friends Reunited, Genes Reunited and Wayn.
- These sites allow us to reconnect with long lost friends and communicate in ways we never dreamed possible.



# Facebook



- Who here has a Facebook profile?
- Have any of you been pestered by your child to let them have a FB or social networking account?
- Can anyone tell me how old you have to be to sign up for a FB account?
- Are any of you friends with any of your children on Facebook?



# What can go wrong?



What things worry you about your child being online?





# Internet and FB Risks



- Unwittingly sharing personal information
- Unwanted contact/grooming
- Overusage – *e.g. always checking FB account*
- Cyberbullying
- Harmful content/illegal material
- Privacy/digital footprints



# Managing Risks: CEOP



- Has anyone here heard of CEOP before?
- CEOP (The Child Exploitation and Online Protection Centre) is the UK national lead agency for the protection of children online.



[www.ceop.police.uk](http://www.ceop.police.uk)  
[www.facebook.com/ceop](https://www.facebook.com/ceop)



# Click CEOP Safety Centre



If you click this button you will be taken to the safety centre:

CEOP Home - Safety Centre -

Get help if you are...

5-7    8-10    11-16    A Parent or Carer

Working with children

Other sources of help and advice

CEOP is a member of UKCCIS  
UK COORDINATE FOR CHILD INTERNET SAFETY

### Need immediate help?

Do you need immediate help or have a real emergency? If so call 999 or contact your local police here:

[In England or Wales](#)  
[In Northern Ireland](#)  
[In Scotland](#)

**When should I report to CEOP?**  
We help children stay safe online. Has someone acted inappropriately towards you online, or to a child or young person you know? It may be sexual chat, being asked to do something that makes you feel uncomfortable or someone being insistent on meeting up. You can report it to us below.

[Make a CEOP report](#)

**Other people who can help**  
For advice and to seek help on a range of issues, from hacking to cyberbullying, [click here](#).



# Thinkuknow



- CEOP have created their own education program: Thinkuknow (viewed over 8 million times).  
<http://www.thinkyouknow.co.uk/>
- Through this program, CEOP create engaging films and materials which can be used to educate and empower children to protect themselves in the online world.



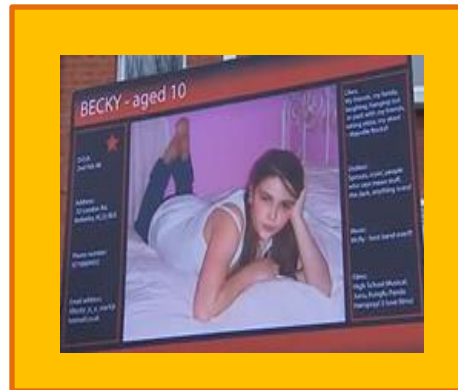
# CEOP Thinkuknow Resources



5-7



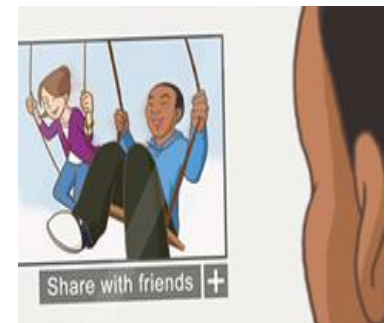
8-10



11-16



SEN



[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)  
[www.youtube.co.uk/ceop](http://www.youtube.co.uk/ceop)



# Gaming



- Can anybody tell me the names of any gaming sites their children use?
- Gaming is very different to how it used to be (Pacman/Tetris etc)
  - Think: MMORGP
    - Massively Multiplayer Online Role Playing Game
  - This means that a site can have:
    - Unlimited users and the game **never** ends!



# Gaming Tips



- Leave all gaming devices in a family space
- Open up communication - talk to your child about the sites they are using and why they like them
- Explain that people lie online and they are not always who they say they are
- Explain that people can be mean online and don't always have their best interests at heart
- Ask them to never give out personal information
- Set parental controls
- Set time limits on how long they can game for. Allow time for non-technology based activities and allow an hour 'screen free' time before bed

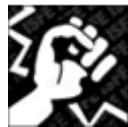


PEGI ([www.pegi.info](http://www.pegi.info))



PEGI (The Pan-European Game Information age rating system) was established in 2003 to help European parents make informed choices

- 3+
- 7+
- 12+
- 16+
- 18+



**Violence** - Game contains depictions of violence



**Discrimination** - Game contains depictions of, or material which may encourage, discrimination



**Sex** - Game depicts nudity and/or sexual behaviour or sexual references



**Drugs** - Game refers to or depicts the use of drugs



**Fear** - Game may be frightening or scary for young children



**Bad Language** - Game contains bad language





# Instant Messaging and Private Chat



- Talking privately is a normal and natural thing to want to do.
- Adults may meet someone for a coffee or give them a call.
- Children/Teens may prefer to use Instant Message (via Hotmail), FB chat or BlackBerry Messenger





“ 52% of 11-16 year old internet users say they find it easier to be themselves online, 47% talk about different things online than offline and 27% talk about more private things online that when with people face to face.” *Ofcom survey 2011.*



# Risks



- Unwanted contact/Grooming
  - *Think about the last slide*
  - *Offenders know this info and use areas such as IM to groom children.*
  - *They know that this is an area they can chat privately and build relationships/trust over time.*
  
- Webcam capability
  - *IM has the ability to use a webcam.*
  - *You will recognise if your child uses one by the amber flashing bars at the bottom of the screen.*
  - *A webcam can give someone else insight into your personal life and home.*
  - *Children need to be aware of the type of information that is visible in the room they are in (not the bedroom) and remove anything that could make them vulnerable.*



# Tips



- Ask your child to never accept people they don't know and trust in the real world
- Inform them that giving out personal information can be dangerous. They need to treat personal information such as the school they go to or their location like their tooth brush and not share it with anyone!
- Ask them not to webcam with people they do not know from the real world and turn the webcam off after use!
- Teach them how to report a problem and delete people that make them feel uncomfortable

# Mobile Technology



- Many primary school children now have mobile phones.
- Modern mobile phones can be used for lots of different functions....



# Risks



- Images taken and uploaded in seconds
- Personal messaging
- Usage
- Location



# Location



- Many mobiles are fitted with GPS, great for Google Maps etc.
- However, this function is now being used on sites such as Facebook and Foursquare.
- You can now tell people your exact location by 'checking in'.
- So if you 'check in' this is shared on your social network profile and all of your 'friends' can see where you are.
- People can 'tag' you in places, which you may not want to share with everyone you know.
- Remind children that not everyone is who they say they are online.
- You can protect yourself and your child by changing settings in the privacy settings area.



# Tips



- Is my child **old enough** to have a mobile phone? Set boundaries
  - *Many parents allow their children to have a mobile when it is needed, i.e. leaving the house alone/starting secondary school.*
- Before buying your child a mobile, find out what **functions** it has:
  - *Internet, private messaging, built in applications*
- Set **parental controls** where required
  - *Talk to the service provider*
- Set **mobile rules**:
  - E.g. No mobile phone in the bedroom at night (you could charge them in yours overnight), mobile free time before bed.





# Parental controls



- Have any of you already set any parental controls on your child's devices?
- What type of controls have you set?
- It is possible to do the following:
  - Block sites that are not age appropriate
  - Block inappropriate and illegal material
  - Set timings – automatic switch off at bedtime
  - Monitor activity
- It's never too late to put these restrictions in place.



# Parental Controls



- As a **minimum**, please set parental controls on your search engines, youtube account and the mobile phone your child uses.
- One of the most popular search engines in the world is Google. You can visit Google's informative safety centre for **simple** step by step guides - [www.google.com/familysafety/tools](http://www.google.com/familysafety/tools)
- Here are a few options available to you:
- Visit the Google home page – [www.google.co.uk](http://www.google.co.uk) and click on the 'search setting' tab in the top right hand corner.



# Simple steps to protection: A Checklist



- **I have asked my child to show me sites they use**
- **I have asked my child to set the security settings on all the technologies they use**
- **I have asked my child to only accept people they know and trust in the real world as online “Friends”**
- **I have set safe settings on our computer/laptop and set adult content filters on my/my child’s smart phone**
- **My child has agreed to tell me if they are worried about something online**

# Support and Report

The CEOP logo, consisting of the letters 'CEOP' in a stylized font inside a white circle.The 'THINK U KNOW' logo, featuring the text 'THINK U KNOW' in a bold, sans-serif font, with 'U' in a larger font size. Below it is the website address '.co.uk' and a graphic of a hand holding a pen.

**Report suspected online grooming** – this could be sexual chat, a child being asked to do something that makes them feel uncomfortable or someone insisting on meeting up

[www.ceop.police.uk](http://www.ceop.police.uk)



**Peer to peer support network for young people who are being bullied**

[www.cybermentors.org.uk](http://www.cybermentors.org.uk)





Email:

Password:  [Sign In](#)

[Forgot Password?](#) | [Register](#)

Home
FAQ
Internet Safety Tips
Supporting Safe Use
Quiz Answers
Further Support
Where's KLAUS?



Click Clever. Click Safe  
 Click CEOP Internet Explorer 8 browser  
 Customise your browser with CEOP tools

[More info](#)

Enhanced with  
 Windows Internet Explorer 8  
 Free Download

## Welcome to CEOP's ThinkUknow parents section!

CEOP has launched a new 10 minute drama called 'Exposed' primarily aimed at 14 to 18 year olds.

'Exposed' deals with the subjects of sexting and cyberbullying, issues that teenagers commonly face. [Click here](#) to see our guidance for young people on this area and the film. We encourage you to use this new film, and other Thinkuknow resources, as an opportunity to talk to your children about what they do online.



The internet is such an integral part of children's lives these days. It opens up so many educational and social opportunities, giving them access to, quite literally, a world of information and experiences.

Whether on a computer at school, a laptop at home, a games console or mobile phone, children and young people are increasingly accessing the internet whenever they can and wherever they are.

As you would protect your child in the real world, you will want to make sure that they are safe whatever they are doing. Like learning to cross the road, online safety skills are skills for life. If your child understands the risks and can make sensible and informed choices online, they can get the most from the internet and stay safe whilst doing so – particularly from those people who might seek them out to harm them.

[www.thinkuknow.co.uk/parents](http://www.thinkuknow.co.uk/parents)



# Useful Websites



- Internet Safety:
  - [www.thinkuknow.co.uk/parents](http://www.thinkuknow.co.uk/parents)
  - <http://www.direct.gov.uk/en/Parents/Yourchildshealthandsafety/Internetsafety/index.htm>
  - <http://www.iwf.org.uk/>
- Facebook
  - <http://www.facebook.com/safety/>
- Parental Control Software:
  - <http://www.which.co.uk/baby-and-child/child-safety-at-home/guides/parental-control-software/>
- Useful safe websites for links across the curriculum, including games and general resources:
  - <http://www.bbc.co.uk/schools/parents/>
  - <http://www.topmarks.co.uk/>
  - <http://www.woodlands-junior.kent.sch.uk/Games/>
  - <http://www.bgfl.org/bgfl/15.cfm?s=15&p=251,index>
  - <http://www.bbc.co.uk/schools/>
  - <http://durham.schooljotter.com/coxhoe/Curriculum+Links>



# Westgate Primary School's e-safety page

